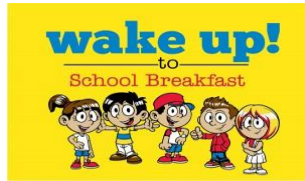


# Walker County Schools



START YOUR DAY WITH  
A FREE BREAKFAST



## Breakfast Menu 2021 - 2022



Last Day of SCHOOL  
May 27th

	Tuesday	Wednesday	Thursday	Friday
<p>1/2 cup of fruit/juice must be on your plate.</p>				
<b>Monday</b> <b>Steak Biscuit</b> OR <b>Cereal Choice</b> Fruit Choice / Juice Choice Milk Choice 2	<b>Tuesday</b> <b>Chicken Biscuit</b> OR <b>Cinnamon Toast</b> <b>Yogurt</b> Fruit Choice / Juice Choice Milk Choice 3	<b>Wednesday</b> <b>Scrambled Eggs w/</b> <b>Cinnamon Raisin Bread</b> OR <b>Cereal Choice</b> <b>Yogurt</b> Fruit Choice / Juice Choice Milk Choice 4	<b>Thursday</b> <b>Canadian Bacon &amp; Cheese Biscuit</b> OR <b>Egg &amp; Cheese Croissant</b> Fruit Choice / Juice Choice Milk Choice 5	<b>Friday</b> <b>Cinnamon Biscuit</b> OR <b>Pop Tart</b> <b>Yogurt</b> Fruit Choice / Juice Choice Milk Choice 6
<b>Monday</b> <b>Strawberry Cream Cheese Bagel</b> OR <b>Cinnamon Toast</b> <b>Yogurt</b> Fruit Choice / Juice Choice Milk Choice 9	<b>Tuesday</b> <b>Sausage Biscuit</b> OR <b>Yogurt Parfait</b> <b>w/ Graham Cracker</b> Fruit Choice / Juice Choice Milk Choice 10	<b>Wednesday</b> <b>Chicken Biscuit</b> OR <b>Cheese Toast</b> Fruit Choice / Juice Choice Milk Choice 11	<b>Thursday</b> <b>Waffles</b> OR <b>Cereal Choice</b> <b>Yogurt</b> Fruit Choice / Juice Choice Milk Choice 12	<b>Friday</b> <b>Egg &amp; Sausage Burrito</b> OR <b>Pop Tart</b> <b>Yogurt</b> Fruit Choice / Juice Choice Milk Choice 13
<b>Monday</b> <b>Canadian Bacon &amp; Cheese Biscuit</b> OR <b>Cheese Toast</b> Fruit Choice / Juice Choice Milk Choice 16	<b>Tuesday</b> <b>Biscuit w/ Gravy</b> OR <b>Yogurt Parfait</b> <b>w/ Graham Cracker</b> Fruit Choice / Juice Choice Milk Choice 17	<b>Wednesday</b> <b>Managers Choice</b> OR <b>Pop Tart</b> <b>Yogurt</b> Fruit Choice / Juice Choice Milk Choice 18	<b>Thursday</b> <b>Sausage Biscuit</b> OR <b>Biscuit</b> <b>Yogurt</b> Fruit Choice / Juice Choice Milk Choice 19	<b>Friday</b> <b>Breakfast Bowl</b> OR <b>Cereal Choice</b> <b>Yogurt</b> Fruit Choice / Juice Choice Milk Choice 20
<b>Monday</b> <b>Chicken Biscuit</b> OR <b>Biscuit</b> Fruit Choice / Juice Choice Milk Choice 23	<b>Tuesday</b> <b>Sausage Biscuit</b> OR <b>Managers Choice</b> Fruit Choice / Juice Choice Milk Choice 24	<b>Wednesday</b> <b>Breakfast Pizza</b> OR <b>Cereal Choice</b> Fruit Choice / Juice Choice Milk Choice 25	<b>Thursday</b> <b>Pancakes</b> OR <b>Cheese Toast</b> Fruit Choice / Juice Choice Milk Choice 26	<b>Friday</b> <b>Last Day of School</b> <b>Biscuit</b> OR <b>Cinnamon Toast</b> Fruit Choice / Juice Choice Milk Choice 27

**Breakfast provides 25% of a child's RDA (Recommended Dietary Allowance). Skipping breakfast lowers academic performance, which can lead to other problems for students. A good breakfast whether eaten at home or at school provides nutritious, healthy food choices including fruit and whole grain products. Only 15% of students eat fruit as recommended by the Food Guide Pyramid. Good health is precious. Help your child make good choices.**

If you have difficulty communicating with us or understanding this information because you do not speak English or have a disability, please let us know.

Contact 706-638-7971. Free language assistance or other aids and services are available upon request. Español: Si tiene dificultades para comunicarse con nosotros, o para entender esta información porque no habla inglés o tiene alguna discapacidad, por favor infórmenos. Comuníquese con 706/638-7971. Tenemos disponibilidad de servicios gratuitos de ayuda en otros idiomas y otro tipo de asistencia y servicios cuando lo solicite.

MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD

**PLAIN BISCUIT OR CEREAL WILL BE A CHOICE DAILY.**

**This institution is an equal opportunity provider**